State of California Department of Industrial Relations DIVISION OF WORKERS' COMPENSATION



Order of the Administrative Director of the Division of Workers' Compensation Medical Treatment Utilization Schedule – Evidence-Based Updates to the MTUS Effective for Services Rendered on or after August 11, 2019

Labor Code section 5307.27, subdivision (a), provides that evidence-based updates to the Medical Treatment Utilization Schedule (MTUS) shall be made by issuance of an Administrative Director order exempt from Labor Code sections 5307.3 and 5307.4, and the rulemaking provisions of the Administrative Procedure Act.

Pursuant to Labor Code section 5307.27, subdivision (a), the Administrative Director of the Division of Workers' Compensation hereby orders evidence-based updates to the MTUS contained in Title 8, California Code of Regulations, section 9792.23 as set forth in Addenda One and Two, which are attached and incorporated by reference into this Order. This order will become effective on August 11, 2019. Responses to submitted comments shall be provided prior to the effective date of the updates. This order shall be published on the Department of Industrial Relations, Division of Workers' Compensation internet website.

IT IS SO ORDERED,

Dated: July 12, 2019

ORIGINAL SIGNED BY
GEORGE P. PARISOTTO

Administrative Director of the Division of Workers' Compensation

ADDENDUM ONE TO ADMINISTRATIVE DIRECTOR ORDER

[Effective for services on or after August 11, 2019]

§ 9792.23.5. Low Back Disorders Guideline.

The Administrative Director adopts and incorporates by reference the Low Back Disorders Guideline (ACOEM March 7, 2019) into the MTUS from the ACOEM Practice Guidelines.

Note: Authority cited: Sections 133, 4603.5, 5307.3 and 5307.27, Labor Code. Reference: Sections 77.5, 4600, 4604.5 and 5307.27, Labor Code.

§ 9792.23.8. Workplace Mental Health Guideline.

- (a) The Administrative Director adopts and incorporates by reference the Introduction to the Workplace Mental Health Guideline (ACOEM March 13, 2019) into the MTUS. The Workplace Mental Health Guideline consists of specific modules set forth below from the ACOEM Practice Guidelines addressing the issue of Workplace Mental Health:
- (1) Posttraumatic Stress Disorder and Acute Stress Disorder (ACOEM December 18, 2018).

Note: Authority cited: Sections 133, 4603.5, 5307.3 and 5307.27, Labor Code. Reference: Sections 77.5, 4600, 4604.5 and 5307.27, Labor Code.

ADDENDUM TWO TO ADMINISTRATIVE DIRECTOR ORDER

[Effective for services on or after August 11, 2019]

ACOEM Guidelines adopted and incorporated by reference

- Low Back Disorders Guideline (ACOEM March 7, 2019)
- Introduction to the Workplace Mental Health Guideline (ACOEM March 13, 2019)