

State of California
Department of Industrial Relations
DIVISION OF WORKERS' COMPENSATION



**[Proposed] Order of the Administrative Director of the
Division of Workers' Compensation
Medical Treatment Utilization Schedule – Evidence-Based Updates to the MTUS
Effective for Services Rendered on or after April 18, 2019**

Labor Code section 5307.27, subdivision (a), provides that evidence-based updates to the Medical Treatment Utilization Schedule (MTUS) shall be made by issuance of an Administrative Director order exempt from Labor Code sections 5307.3 and 5307.4, and the rulemaking provisions of the Administrative Procedure Act.

Pursuant to Labor Code section 5307.27, subdivision (a), the Administrative Director of the Division of Workers' Compensation hereby orders evidence-based updates to the MTUS contained in Title 8, California Code of Regulations, section 9792.23 as set forth in Addenda One and Two, which are attached and incorporated by reference into this Order. This order will become effective on April 18, 2019. Responses to submitted comments shall be provided prior to the effective date of the updates. This order shall be published on the Department of Industrial Relations, Division of Workers' Compensation internet website.

IT IS SO ORDERED,

Dated: March 19, 2019

ORIGINAL SIGNED BY
GEORGE P. PARISOTTO
Administrative Director of the
Division of Workers' Compensation

ADDENDUM ONE TO ADMINISTRATIVE DIRECTOR ORDER

[Effective for services on or after April 18, 2019]

§ 9792.23.1. Cervical and Thoracic Spine Disorders Guideline.

The Administrative Director adopts and incorporates by reference the Cervical and Thoracic Spine Disorders Guideline (ACOEM ~~May 27, 2016~~October 17, 2018) into the MTUS from the ACOEM Practice Guidelines.

Note: Authority cited: Sections 133, 4603.5, 5307.3 and 5307.27, Labor Code. Reference: Sections 77.5, 4600, 4604.5 and 5307.27, Labor Code.

§ 9792.23.3. Elbow Disorders Guideline.

The Administrative Director adopts and incorporates by reference the Elbow Disorders Guideline (ACOEM ~~2013~~August 23, 2018) into the MTUS from the ACOEM Practice Guidelines.

Note: Authority cited: Sections 133, 4603.5, 5307.3 and 5307.27, Labor Code. Reference: Sections 77.5, 4600, 4604.5 and 5307.27, Labor Code.

§ 9792.23.4. Hand, Wrist, and Forearm Disorders Guideline.

The Administrative Director adopts and incorporates by reference the Hand, Wrist, and Forearm Disorders Guideline (ACOEM ~~June 30, 2016~~January 7, 2019) into the MTUS from the ACOEM Practice Guidelines.

Note: Authority cited: Sections 133, 4603.5, 5307.3 and 5307.27, Labor Code. Reference: Sections 77.5, 4600, 4604.5 and 5307.27, Labor Code.

§ 9792.23.7. Ankle and Foot Disorders Guideline.

The Administrative Director adopts and incorporates by reference the Ankle and Foot Disorders Guideline (ACOEM ~~September 2015~~July 16, 2018) into the MTUS from the ACOEM Practice Guidelines.

Note: Authority cited: Sections 133, 4603.5, 5307.3 and 5307.27, Labor Code. Reference: Sections 77.5, 4600, 4604.5 and 5307.27, Labor Code.

§ 9792.23.8. ~~Stress Related Conditions.~~ Workplace Mental Health.

(a) The Administrative Director adopts and incorporates by reference ~~the Chronic Pain Guideline (ACOEM May 2017)~~ into the MTUS specific guidelines set forth below from the ACOEM Practice Guidelines addressing the issue of Workplace Mental Health: for psychological treatment and evaluation related to chronic pain. If the injured worker's psychological condition, treatment, or evaluation is unrelated to chronic pain, then medical care and evaluation shall be in

~~accordance with other medical treatment guidelines or peer-reviewed studies found by applying the Medical Evidence Search Sequence set forth in section 9792.21.1.~~

(1) Posttraumatic Stress Disorder and Acute Stress Disorder Guideline (ACOEM December 18, 2018).

Note: Authority cited: Sections 133, 4603.5, 5307.3 and 5307.27, Labor Code. Reference: Sections 77.5, 4600, 4604.5 and 5307.27, Labor Code.

ADDENDUM TWO TO ADMINISTRATIVE DIRECTOR ORDER

[Effective for services on or after April 18, 2019]

ACOEM Guidelines adopted and incorporated by reference

- Cervical and Thoracic Spine Disorders Guideline (ACOEM October 17, 2018)
- Elbow Disorders Guideline (ACOEM August 23, 2018)
- Hand, Wrist, and Forearm Disorders Guideline (ACOEM January 7, 2019)
- Ankle and Foot Disorders Guideline (ACOEM July 16, 2018)
- Workplace Mental Health: Posttraumatic Stress Disorder and Acute Stress Disorder Guideline (ACOEM December 18, 2018).